



THE
jackproject
at Kids Help Phone

1 800 668 6868
KidsHelpPhone.ca

Kids Help Phone



TheJackProject.org



Objectives:

1. Describe the 4 levels of suicide prevention: **primary and secondary prevention**, intervention and postvention
2. Be aware of **local strategies, programs and resources** used to target each level of suicide prevention
3. Identify opportunities to **personally contribute** to suicide prevention activities in our community



1 in 5

1 in 3

1 in 10

20+ : 1

10/day

x5

#1



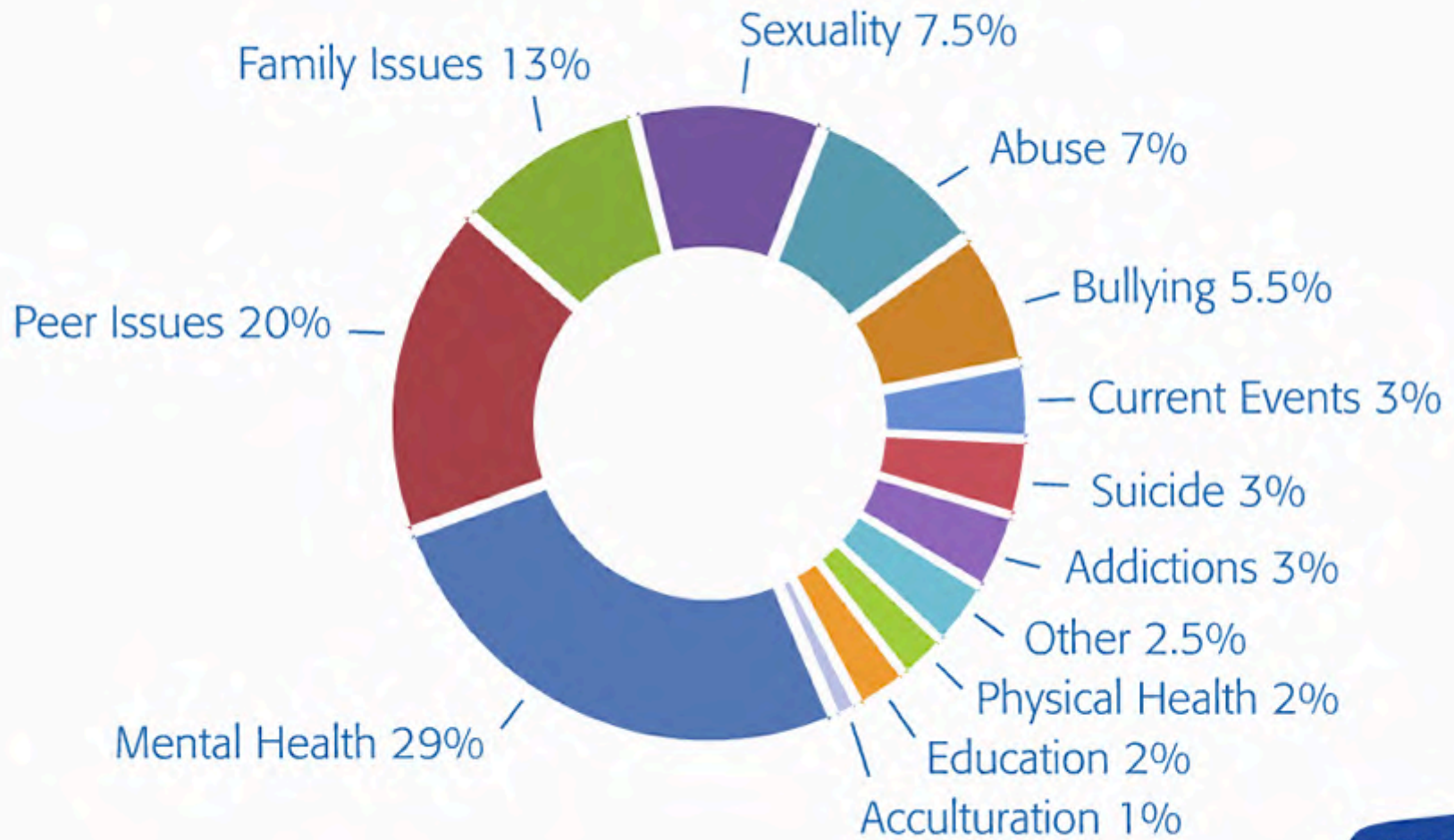
25% - 1 in 4

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Why Kids Contact Us



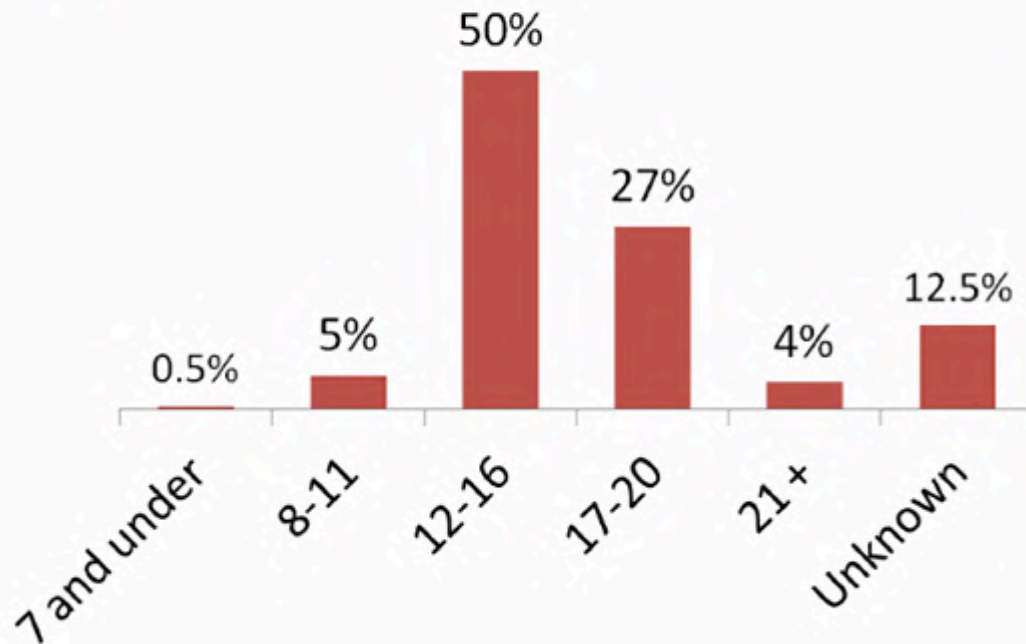
Based on 2010 statistics



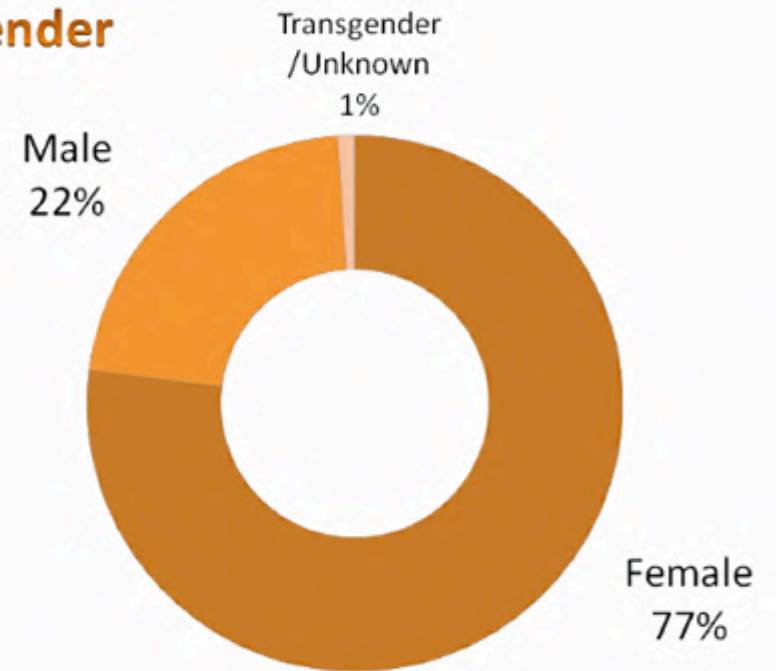
Kids Help Phone

Client Breakdown – 2010 Statistics

Age



Gender



How We Help



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Need help right now?
Call to speak to a counsellor
1-800-668-6868

[How to Keep it Private](#)

[Leave Site Quickly](#)

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[Kids](#)

[Phone Us](#)

[Ask Us Online](#)

[Info Booth](#)

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[Family >](#)

[Sexual orientation >](#)

[School >](#)

[Physical health >](#)

[Emotional health >](#)

[The Internet >](#)

[Money, jobs & laws >](#)

QUIZ

Am I gaming too much?

[<](#) [>](#)

Moment of Truth
Has someone ever used a social networking site to embarrass you?

- Yes, many times
- Yes, a few times
- No, never

TRUE COLOURS Quiz

Put your knowledge to the test!

[Go now >](#)

What is Kids Help Phone?

- Phone counselling
- Web counselling
- For ages 20 & under
- Free, 24/7
- Anonymous & Confidential
- Non-judgemental

The KHP Promise

Anonymous means you don't have to tell us who you are.
Confidential means whatever you tell us is safe.
[More](#)

Danger Drive

Beat the course.



[Play now >](#)



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The Jack Project - Primary Initiatives



School Outreach



Online Support

Online Support



1. Counsellor: Via Live Chat and Mobile
2. Self-Help: Automated Database



In-School

Online

Tools

Evaluation

High School Pilot Schools (by Cluster)

	HS1 - Toronto Independent	Location
1	The Bishop Strachan School	Toronto
2	Toronto French School	Toronto
3	Upper Canada College (Upper School)	Toronto
4	Crescent School	Toronto
5	Royal St. George's College	Toronto

	HS2 - Grey Bruce Region	Location
1	Sacred Heart High School	Walkerton
2	St. Mary's High School	Owen Sound
3	Grey Highlands Secondary School	Flesherton
4	West Hill Secondary School	Owen Sound
5	Saugeen District Secondary School	Port Elgin
6	Walkerton District Secondary School	Walkerton
7	Owen Sound C.V.I.	Owen Sound

	HS3 - TDSB	Location
1	Northern Secondary School	Toronto
2	Lawrence Park CI	Toronto
3	Etobicoke CI	Etobicoke
4	Etobicoke School of the Arts	Etobicoke
5	Jarvis Collegiate Institute	Toronto
6	St. Alban's Boys and Girls Club	Toronto

	HS4 - Hamilton-Wentworth and	Location
1	Ancaster High School	Hamilton
2	Orchard Park SS	Hamilton
3	Glendale Secondary	Hamilton
5	Ridley College	St. Catharines
6	St. Thomas Aquinas Secondary School	Brampton
7	Boys and Girls Clubs of Hamilton	Hamilton

Post-secondary Pilot Schools

		Location
1	The University of Western Ontario	London
2	University of Guelph	Guelph
3	University of Waterloo	Waterloo
4	Mohawk College	Hamilton
5	McMaster University	Hamilton
6	University of Toronto	Toronto
7	York University	Toronto
8	Queen's University	Kingston
9	St. Lawrence College	Kingston
10	Loyalist College	Belleville
11	Nipissing University	North Bay
12	Ryerson University	Toronto

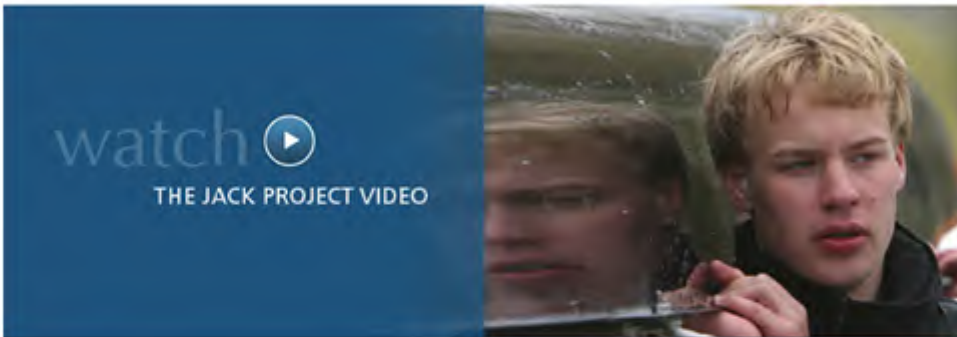
Two-Year Mandate - September 2011 to June 2013

PHASE I: Pilot

- September 2011 – May 2012
- 22 High Schools
- 12 Post-Secondary Institutions
- 2 Boys & Girls Clubs

PHASE II: National Rollout

- September 2012 – June 2013
- 300 High Schools
- 30 Post-Secondary Institutions
- 10 Boys & Girls Clubs



Need Help Now?



Call to speak
to a counsellor now!
1-800-668-6868


The Jack Project at Kids Help Phone promotes young people's mental health by providing them with much-needed information and support as they move from late-high school into college, university, or independent living. We also equip key adults – parents, family members, and educators – with the knowledge they need to support the young people in their lives. [More...](#)

THE ISSUES


THE PILOT

RESOURCES

HELP A FRIEND



The Jack Project live on
Canada AM
[View All Media](#)



Eric Windeler live with
Steve Paikin
[View All Media](#)

An initiative of:



In partnership with:



Important Links

- > Kids Help Phone
- > Mental Health First Aid
- > Mental Health Commission of Canada
- > Canadian Mental Health Association
- > Healthy Minds Canada
- > Centre for Addiction and Mental Health
- > Teen Mental Health
- > Mind Your Mind
- > Mobilizing Minds



Pre-register now to be contacted for participation in The Jack Project 2012-13 National Rollout

If you would like the High School, College, or University you are involved with to participate in The Jack Project's national rollout, please fill out the form below. Your school board may have to approve your participation, but providing this information will enable us to connect with you and ensure you are considered to be part of the program.

Please complete the following fields as completely and accurately as possible and hit submit below.

Organization		Required Fields *	
Complete School Name: *	<input type="text"/>	My school is a: *	<input type="text" value="Select"/>
School Address: *	<input type="text"/>	Province: *	<input type="text"/>
School Address:	<input type="text"/>	Postal Code: *	<input type="text"/>
City: *	<input type="text"/>		

Main Contact			
Name: *	<input type="text"/>	Phone: *	<input type="text"/>
Position: *	<input type="text"/>	Email: *	<input type="text"/>

Please enter the text that you see in the following graphic: *



Join the Movement!





Watch here! → http://www.youtube.com/watch?v=6y1_2UdgSjg&feature=player_embedded

Questions ...

Discussion ...

Your stories ...

www.TheJackProject.org

